

Risk Assessment Hazards that could cause incidents whilst riding/coaching

Assessment Date: 20/09/2025	Undertaken by: Original Assessment by Lisa Spence 18/8/20 18/10/21: 16/9/22 30/09/24 20/09/25	
Review date: 20/09/2026		
Activity: Risk assessment for Lessons at Hemps Green	Site: Hemps Green Equestrian, Hush Wing Farm, Mount Bures Road, Wakes Colne, Colchester, Essex CO6 2AP	
People at Risk: Riders, Staff, Clients	Additional Information: Please see Risk Assessment already completed for employees' activities apply.	

Risk Evaluation

Hazard	Risk	Existing Control Measures	Additional Action Required (action by whom, by when)
Fresh Horses	RISK OF: <ul style="list-style-type: none"> Injuries Falls As per risk assessment RISK TO: <ul style="list-style-type: none"> Staff Clients Other people in the arena or field 	Existing controls as per main risk assessment. With extra attention as follows: <ul style="list-style-type: none"> Regular adjustment of feed ration to suit work levels. Schooling by more advanced riders as needed. Lunge prior to exercise if think fresh. Increase turnout. Ear bonnets to pacify. Work programme managed. 	Accident book to be reviewed, any patterned equine behaviour to be addressed by yard manager or chief coach
External Activities e.g Spectators, vehicles in car park, movement/noise from neighbouri	RISK OF: <ul style="list-style-type: none"> Injuries Falls As per risk assessment RISK TO: <ul style="list-style-type: none"> Staff Clients 	<ul style="list-style-type: none"> Horses are trained and worked in the environment by staff to aid desensitisation. Ear bonnets worn if horses are noise sensitive. Lesson plans adjusted to meet any external factors like neighbouring noise e.g moderating lesson plans. Rider ability assessed if not able to deal with the external factors, change horse or place on lunge or advise a care session instead. 	

Hazard	Risk	Existing Control Measures	Additional Action Required (action by whom, by when)
ng properties, adverse weather	<ul style="list-style-type: none"> Other people in the arena or field 		

Signature:.....Name:.....Job Title:.....Date:.....	Review Date:.....
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